

Tabla 1. Estrategias de búsqueda “Eficacia de la Trofoterapia en el tratamiento de la anemia”

I. Estrategia de Búsqueda PubMed	II. Estrategia de Búsqueda EBSCO, Science Direct, Scopus, EMBASE (mismos criterios, campos de búsqueda según base de datos)
1. ("Diet Therapy"[Mesh]) AND "Anemia"[Mesh] 2. ("Nutrition Therapy"[Mesh]) AND "Anemia"[Mesh] 3. ("Naturopathy"[Mesh]) AND "Anemia"[Mesh] 4. ("Medicine, Ayurvedic"[Mesh]) AND "Anemia"[Mesh] 5. ("Biological Products"[Mesh]) AND "Anemia"[Mesh] 6. ("Medicine, Traditional"[Mesh]) AND "Anemia"[Mesh] 7. ("Medicine, Chinese Traditional"[Mesh]) AND "Anemia"[Mesh] 8. ("Integrative Medicine"[Mesh]) AND "Anemia"[Mesh] 9. ("Plants, Medicinal"[Mesh]) AND "Anemia"[Mesh] 10. (("Nutrition Therapy/therapeutic use"[Mesh] OR "Nutrition Therapy/therapy"[Mesh])) AND "Anemia"[Mesh] 11. ("Complementary Therapies/therapeutic use"[Mesh]) AND "Anemia"[Mesh] 12. ("Medicine, Traditional/therapeutic use"[Mesh]) AND "Anemia"[Mesh] 13. ("Medicine, Chinese Traditional/therapeutic use"[Mesh]) AND "Anemia"[Mesh] 14. ("Plants, Medicinal/therapeutic use"[Mesh]) AND "Anemia"[Mesh] 15. (("Biological Factors/therapeutic use"[Mesh] OR "Biological Factors/therapy"[Mesh])) AND "Anemia"[Mesh]	1. ("diet Therapy" near Anemia)* 2. ("Nutrition Therapy" near Anemia)* 3. ("Naturopathy" near Anemia)* 4. ("Medicine, Ayurvedic" near Anemia)* 5. ("Biological Products" near anemia)* 6. ("Medicine, Traditional" near anemia)* 7. ("Medicine, Chinese Traditional" near anemia)* 8. ("Integrative Medicine" near anemia)* 9. ("Plants, Medicinal" near anemia)* 10. 1 OR 2 OR 3 OR 4 OR 5 OR 6 OR 7 OR 8 OR 9 En español: 1. ("dietoterapia" y "anemia") 2. ("terapia nutricional" near anemia)* 3. "Medicina tradicional" y "Anemia" 4. "Medicina integral" y "Anemia" 5. (dietoterapia near anemia)* 6. ("terapia nutricional" near anemia)* 7. ("Naturopatia" near Anemia)* 8. ("medicina aryuvedica" near Anemia)* 9. ("productos biologicos" near anemia)* 10. ("medicina tradicional" near anemia)* 11. ("medicina tradicional china" near anemia)* 12. ("medicina integrativa" near anemia)* 13. ("plantas medicinales" near anemia)* 14. 6 OR 7 OR 8 OR 9 OR 10 OR 11OR 12 OR 13 OR 14
III. Estrategia de Búsqueda Biblioteca Virtual en Salud BVS (LILACS)	IV. Otras bases de datos
1. ("dietoterapia" y "anemia") 2. ("terapia nutricional" near anemia)* 3. "Medicina tradicional" y "Anemia" 4. "Medicina integral" y "Anemia" 5. "plantas medicinales" y "Anemia" 6. (dietoterapia near anemia)* 7. ("terapia nutricional" near anemia)* 8. ("Naturopatia" near Anemia)* 9. ("medicina aryuvedica" near Anemia)* 10. ("productos biologicos" near anemia)* 11. ("medicina tradicional" near anemia)* 12. ("medicina tradicional china" near anemia)* 13. ("medicina integrativa" near anemia)* 14. ("plantas medicinales" near anemia)* 15. 6 OR 7 OR 8 OR 9 OR 10 OR 11OR 12 OR 13 OR 14	<i>Ingles</i> 1. "therapeutic food" and anemia 2. "therapy food" and anemia 3. ("dietotherapy" OR "diet therapy" OR "nutritional therapy" OR "therapeutic feeding" OR "alimentos terapia" OR "medical nutrition therapy" OR "Naturopathy" OR "Natural products") AND "anemia" <i>Español</i> 1. Trofoterapia AND anemia 2. ("dietoterapia" OR "terapia dietética" OR "terapia nutricional" OR "nutrición terapéutica" OR "alimentoterapia" OR "terapia médica nutricional" OR "Naturopatía" OR "Productos naturales") AND "anemia"